



KGV


sodexo
at SCHOOL

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at SCHOOL

“ MAKE YOUR VOICE HEARD ”
Every voice matters

GIVE YOUR FEEDBACK TO US



 **SCAN THIS QR CODE**  **SPEAK TO A STAFF MEMBER**

sodexo

MENU MECHANISM



All our meals are **Nuts Free**



All our eggs are **Cage Free**



Discover **Locally Made** products



Savor **Low Carbon** footprint produce



Ingredients good for **Planet & Health**



GO & ENJOY

OK BUT THINK

BE CAUTIOUS

All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

Our **Food Traffic Light** will guide students in making informed meal choices.

ALLERGEN ALERT & FOOD ICONS



ALLERGEN DAIRY



ALLERGEN EGG



VEGETARIAN



VEGAN



MILD SPICY

A Healthy and Balanced Diet Every Day!

sodexo
at SCHOOL



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Sodexo Hong Kong Website



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DISCLAIMER:

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood.

While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

Aug 25 - 29

WEEKLY MENU



25/08 Monday

26/08 Tuesday

27/08 Wednesday

28/08 Thursday

29/08 Friday

SOCIAL KITCHEN | Monday: 10:30am - 1:30pm (Lunch: 11:30 - 1:30pm); Tuesday to Friday: 10:30am - 2:30pm (Lunch: 11:30am - 2:30pm)

Meal A \$41 Takeaway \$38 Dine-in	Teriyaki Chicken Steak w/ Rice	Beef Chili-con-Carne w/ Rice OR Penne 	Thai Green Pork Curry w/ Rice OR Pita Bread 	Chicken a-la-king w/ Rice 	Sweet & Sour Pork w/ Rice
Meal B \$41 Takeaway \$38 Dine-in		Braised Chicken & Potato in Oyster Sauce w/ Rice 	Baked Fish Fillet in Tomato Concasse w/ Rice OR Macaroni 	Beef Goulash w/ Rice OR Fusilli 	Coq au Vin w/ Linguini OR Rice
Meal C \$38 Takeaway \$35 Dine-in	(Vegan) Braised E-Fu Noodles w/ Assorted Mushroom 	(V) Creamy Truffle Sauce Penne 	(Vegan) Braised White Gourd w/ Tofu Puff & Dried Bean Curd Stick, Rice 	(V) Stir-fried Korean Glass Noodle w/ Assorted Vegetable 	(Vegan) Channa Masala w/ Rice OR Pita Bread

BOWL | Monday: 12:00pm - 1:15pm; Tuesday to Friday: 1:15pm - 2:15pm

Bowl \$41		BBQ Pork Fried Rice 	Shanghainese Vegetable Rice w/ Grilled Chicken	Taiwanese Braised Minced Pork w/ Boiled Egg, Rice 	Stir-fried Flat Rice Noodle w/ Beef
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LEO'S Café | Monday: 7:00am - 3:00pm; Tuesday to Friday: 7:00am - 4:00pm

Salad Box \$36	Grilled Bacon Caesar 	(V) Japanese Cold U-don in Sesame Dressing 	Potato & Chicken Salad in Thousand Island Dressing 	(V) Mediterranean Chopped Salad in Italian Dressing 	Tuna Nicoise
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PIAZZA PIZZA | Monday: 12:00pm - 1:15pm; Tuesday to Friday: 1:15pm - 2:15pm

Pizza A \$30		Ham & Cheese 	Chicken & Mushroom 	Mexican Chorizo & Cheese 	Meat Lover
Pizza B (Vegetarian) \$30		(V) Margherita 	(V) Marinara 	(V) Margherita 	(V) Trio Cheese



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Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus



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Aug 25 - 29

WEEKLY MENU



25/08 Monday				26/08 Tuesday			27/08 Wednesday			28/08 Thursday			29/08 Friday		
Nutrition Information (per 100g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)
Meal A	Teriyaki Chicken Steak w/ Rice			Beef Chili-con-Carne w/ Rice OR Penne			Thai Green Pork Curry w/ Rice OR Pita Bread			Chicken a-la-king w/ Rice			Sweet & Sour Pork w/ Rice		
	156	7	4	140	8	5	165	6	8	176	12	16	212	12	10
Meal B				Braised Chicken & Potato in Oyster Sauce w/ Rice			Baked Fish Fillet in Tomato Concasse w/ Rice OR Macaroni			Beef Goulash w/ Rice OR Fusilli			Coq au Vin w/ Linguini OR Rice		
				139	11	4	144	11	4	186	11	6	132	4	5
Meal C	(Vegan) Braised E-Fu Noodles w/ Mushroom			(V) Creamy Truffle Sauce Penne			(Vegan) Braised White Gourd w/ Tofu Puff & Dried Beancurd Stick, Rice			(V) Stir-fried Korean Glass Noodle w/ Assorted Vegetable			(Vegan) Channa Masala w/ Rice OR Pita Bread		
	195	5	11	198	6	12	147	7	5	159	4	9	126	3	4
Bowl				BBQ Pork Fried Rice			Shanghainese Vegetable Rice w/ Grilled Chicken			Taiwanese Braised Minced Pork w/ Boiled Egg, Rice			Stir-fried Flat Rice Noodle w/ Beef		
				179	9	10	155	10	5	148	7	8	166	10	8
Salad Box	Grilled Bacon Caesar			(V) Japanese Cold U-don in Sesame Dressing			Potato & Chicken Salad in Thousand Island Dressing			(V) Mediterranean Chopped Salad in Italian Dressing			Tuna Nicoise		
	196	10	13	165	10	5	175	10	13	150	2	11	109	6	6



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